

Voter Education Guide For People with Brain Injury (TBI)

Your Right to Vote

- You have the right to vote in Virginia.
- Having a traumatic brain injury or disability does not take away your right to vote.
- You can ask for help if you need it.

Who Can Vote

You can vote if you are registered and:

- You are a U.S. citizen;
- You live in Virginia, and
- You are 18 years old (or will be by Election Day).

If you have a felony conviction, you can ask about restoring your rights.

Register to Vote

- Fill out a voter registration form online, by mail, or in person.
- You can register at <https://www.elections.virginia.gov/>.
- You can also register at your local voter registrar's office.

Tip: Write down the date you register. Keep your voter card in a safe place.

Ways to Vote

- You can:
- Vote early at your local election office.
- Vote by mail (absentee).
- Vote in person on Election Day.

Polls are open from 6:00 a.m. to 7:00 p.m.

Tip: Set a phone alarm or reminder for Election Day!

What to Bring

- Bring a photo ID (driver's license, passport, or Virginia ID card).
- If you don't have an ID, you can sign an ID statement and still vote.
- If you need help, you can:
 - Ask a poll worker.
 - Bring someone you trust to help you (not your boss or union rep).
 - Vote from your car if you have a disability and can't go inside.

At the Polls

- You will check in and get your ballot.
- If you make a mistake, ask for a new one.
- You can take your time.
- You can ask for help anytime.

Tip: Bring a small note that says, "I have a brain injury and may need help voting."

Voting Checklist

- I am registered to vote.
- I know where my polling place is.
- I have my ID ready.
- I know who will help me if I need it.
- I have a plan for how to get there.

Need Help?

- Visit elections.virginia.gov
- Or call your local registrar's office
- For voting help: 1-866-OUR-VOTE (1-866-687-8683)

Remember: You matter. Your vote counts.
Voting is your voice — use it!