

## **Brain Injury Resources & Services in Virginia**

*Newly diagnosed with a brain injury such as a concussion, traumatic brain injury (TBI), tumor, or stroke? Virginia has many resources and services to help you on the road to recovery!*

### **BRAIN INJURY ASSOCIATION OF VIRGINIA (BIAV)**

BIAV is a nonprofit serving Virginians with brain injury through education, information & referral, outreach, support, awareness, and advocacy. This includes free and private consultations for individuals and families.

Call 1-800-444-6443 or visit [www.biav.net](http://www.biav.net) to learn more.

### **VIRGINIA DEPARTMENT FOR AGING AND REHABILITATIVE SERVICES (DARS)**

DARS is Virginia's lead state agency for brain injury and vocational (i.e., employment) services.

#### **DARS Brain Injury Services Coordination Unit (BISCU)**

BISCU funds brain injury programs throughout Virginia that offer case management (i.e., linkage to services), clubhouse day programming, and other supports. Visit [www.dars.virginia.gov/cbs/bioutcomes.htm](http://www.dars.virginia.gov/cbs/bioutcomes.htm) and click the "select a location" dropdown box to find the program closest to you.

Call 804-662-7615 or visit [www.dars.virginia.gov/cbs/biscis.htm](http://www.dars.virginia.gov/cbs/biscis.htm) to learn more.

#### **DARS Vocational Rehabilitation (VR) Program**

The VR program helps people with brain injuries and other disabilities get ready for, find, and keep a job. Services include, but are not limited to, vocational counseling, training, and job placement.

Call 1-800-552-5019 or visit [www.dars.virginia.gov/drs/vr/](http://www.dars.virginia.gov/drs/vr/) to learn more.

#### **Other DARS Programs**

##### **Personal Assistance Services**

Call 804-662-7107 or visit [www.dars.virginia.gov/cbs/pas.htm](http://www.dars.virginia.gov/cbs/pas.htm) to learn more.

Long Term Rehabilitation Case Management Call 804-662-7107 or visit

[www.dars.virginia.gov/cbs/ltrcm.htm](http://www.dars.virginia.gov/cbs/ltrcm.htm) to learn more.

Centers for Independent Living

Call 804-662-7078 or visit [www.dars.virginia.gov/cbs/cils.htm](http://www.dars.virginia.gov/cbs/cils.htm) to learn more.

## **DEPARTMENT OF MEDICAL ASSISTANCE SERVICES (DMAS)**

DMAS is Virginia's state Medicaid program. DMAS funds long term services and supports for eligible individuals with brain injury through Medicaid waivers. Waivers provide wraparound services in a person's own home or community rather than a nursing home or other institutional setting. DMAS also funds case management for eligible individuals with severe TBI.

### **Commonwealth Coordinated Care (CCC) Plus Waiver**

The CCC Plus waiver provides home and community based care to people who would otherwise need care in a nursing home or specialized medical care facility. You can apply for this Waiver through your local Department of Social Services ([www.dss.virginia.gov/localagency/index.cgi](http://www.dss.virginia.gov/localagency/index.cgi)).

### **Developmental Disability (DD) Waivers**

The DD Waivers provide home and community based care to people who would otherwise need care in an intermediate care facility. You can apply for this Waiver through your local Community Services Board ([vacsb.org/csb-bha-directory/](http://vacsb.org/csb-bha-directory/)).

### **Targeted Case Management for Persons with Severe TBI**

Targeted Case Management is a new service for Medicaid-eligible adults with severe TBIs. The service is projected to begin in October 2023.

Call 804-786-7933 or visit [www.dmas.virginia.gov/for-providers/long-term-care/programs-and-initiatives/brain-injury-services/](http://www.dmas.virginia.gov/for-providers/long-term-care/programs-and-initiatives/brain-injury-services/) to learn more.

## **DISABILITY LAW CENTER OF VIRGINIA (dLCV)**

dLCV provides legally based advocacy services to Virginians with TBI through the Protection & Advocacy for Individuals with Traumatic Brain Injury program ([www.dLCV.org/TBI](http://www.dLCV.org/TBI)). dLCV is committed to:

- advancing independence, choice, and self-determination;
- protecting legal, human, and civil rights; and
- eliminating abuse, neglect, and discrimination of people with TBI and other disabilities.

Individuals with TBI and their families can request free help to understand government benefits such as Social Security Disability Insurance and Medicaid waivers. Private consultations and training on these topics help individuals develop self-advocacy skills to access benefits. dLCV has other programs to address a wide range of disability-related concerns (e.g., mental health services, education, VR, supported decision making, accessibility, and assistive technology).

Call 1-800-552-3962 or visit [www.dLCV.org/tbi](http://www.dLCV.org/tbi) to learn more.

Request help online at [www.dLCV.org/get-help](http://www.dLCV.org/get-help).

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