

## Great Public Resources to Help with Your Transition.....

- **Department of Education (DOE)**  
[www.bit.ly/dlcvcoc](http://www.bit.ly/dlcvcoc)  
If you have an IEP, know your rights while you are in school beyond age 18.
- **Department of Aging and Rehabilitation Services (DARS)**  
A [DARS](#) counselor should be a part of your school transition team starting at age 14. Get them involved as early as possible to help with your work goals.
- **Department for the Blind and Visually Impaired (DBVI)**  
If you are blind or have a vision impairment a [DBVI counselor](#) should be part of your school transition team starting at age 14.
- **DBVI's Programs (on the Richmond campus that support transition)**  
Go to: <http://www.vrcbvi.org/programs.htm>
  - LEAP (Learning Excellence and Academics Programs)
  - LIFE (Learning Independence, Feeling Empowered)
- **Community Service Boards (CSB)**  
A [CSB](#) is the point of entry into the publicly-funded system of services for mental health, intellectual disability, and substance abuse. They offer many services.
- **Centers for Independent Living (CILs)**  
[Centers for Independent Living](#) provide services to individuals with significant disabilities CIL's core services include advocacy, information and referral, peer counseling, independent living skills training, and transition services for youth.
- **Work Incentive Planning and Assistance (WIPA)**  
(In NOVA 571-339-1305 or toll free (866) 968-7842)  
[WIPA](#) provides access to benefits planning and assistance services to all Social Security disability beneficiaries (including transition-to-work aged youth). WIPA's goal is to help beneficiaries with disabilities in meeting their work goals.

## Great Websites to Help with Your Transition and Beyond

- **Virginia Commonwealth University's Center on Transition Innovation**

(804) 828-1851 (Voice) (804) 828-2494 (TTY)

The [Center on Transition Innovation](#) provides information, resources, and demonstration projects that support youth with disabilities to gain access to integrated competitive employment to the fullest extent possible. Their website includes fact sheets on important transition topics, webcasts from state and national experts in the field, informational videos, and a Facebook page with the latest news about transition.

- **Virginia Department of Education's College Guide for Students with Disabilities**

This is a [useful handbook](#) on many aspects of seeking a college education when you have a disability.

- **Best Colleges Guides for Student with Learning or Hearing Disabilities**

[www.bit.ly/dlcvcoa](http://www.bit.ly/dlcvcoa)

- **Job Accommodation Network (JAN)**

(800) 526-7234 (Voice) (877) 781-9403 (TTY)

The [Job Accommodation Network](#) is the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues. Working toward practical solutions that benefit both employer and employee, JAN helps people with disabilities improve their employability and shows employers how to capitalize on the value and talent that people with disabilities add to the workplace.

- **Disability\*Gov**

This [government site](#) connects people with disabilities, their families, and caregivers to helpful resources on topics such as how to apply for disability benefits, find a job, get health care or pay for accessible housing.

- **ADA National Network: "Questions about the ADA?"**  
[www.adainfo.org/individuals-disabilities](http://www.adainfo.org/individuals-disabilities)  
800-949-4232 V/TTY  
Information, Guidance and Training on the Americans with Disabilities Act
  
- **Social Security Administration**
  - [www.ssa.gov](http://www.ssa.gov) - Homepage
  - [www.ssa.gov/pubs/](http://www.ssa.gov/pubs/) - Publication page with written and audio formats on a wide range of topics
  - [www.ssa.gov/pubs/EN-05-11005.pdf](http://www.ssa.gov/pubs/EN-05-11005.pdf) - What You Need to Know about Your Supplemental Security Income (SSI) When You Turn 18

Visit the Social Security Administration's website for information, publications, and online services including applying for benefits.



**disAbility Law Center of Virginia (dLCV)**

1512 Willow Lawn Drive, Suite 100

Richmond, Virginia 23230

800-552-3962 or 804-225-2042

Fax: 804-662-7057; Email: [info@dLCV.org](mailto:info@dLCV.org); Web: [www.dlcV.org](http://www.dlcV.org)

*dLCV publications are available in alternate format, upon request.*

***The Protection and Advocacy System for Virginians with Disabilities***

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This information should not be interpreted as legal advice.