

The dLCV Guide to MENTAL HEALTH CRISIS RESOURCES

If find yourself or a loved one experiencing a psychiatric crisis, there are resources available to assist you in these times of need.

If you or someone you know is experiencing a mental health crisis and is in imminent danger to themselves or others, please call 911.

Community Service Boards (CSB) are points of entry for many health services, such as emergency mental health services. You can go to <https://vacsb.org/csb-bha-directory/> and search by zip, city, county function to find your local CSB and their emergency crisis number.

The Department of Behavioral Health and Developmental Services (DBHDS) also has a search page that provides links directly to the CSBs' websites. You can find out more at <http://www.dbhds.virginia.gov/community-services-boards-csbs>

Suicide Prevention Lifeline

- National hotline
- (800) 273-TALK or (800) SUICIDE

PRS CrisisLink

- Serving Northern Virginia & Metropolitan Washington DC
- 1-703-527-4077

Bristol Crisis Center

- Serving Bristol City, Galax City, Martinsville City, Norton City, and Bland, Buchanan, Carroll, Dickenson, Grayson, Henry, Lee, Patrick, Russell, Scott, Smyth, Tazewell, Washington, Wise, and Wythe Counties
- 1-276-466-2312

Madison House Helpline

- Serving Charlottesville and the University of Virginia
- 1-434-295-TALK or 1-434-295-8255

Action in Community Through Service

- Serving the Greater Prince William County Area
- 1-703-368-4141

Frontier Health

- Serving Lee, Scott, & Wise Counties, City of Norton, Bristol/Washington County
- 1-877-928-9062

Southside Survivor Response Center

- Serving Martinsville, Henry County, and Patrick County
- 1-877-WE-HELP6 or 1-877-934-3576