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dLCV Continues to Offer Services during COVID-19 Pandemic

During this health crisis, please know that the disAbility Law Center of Virginia (dLCV) remains open and committed to our mission. We realize that some of our clients are the most at risk. People with disabilities, especially people in congregate settings, are more vulnerable to contagion, are at higher risk of harm due to staffing problems, and at higher risk of harm due to mandatory isolation.

Please be mindful of your neighbors and friends who have been forced into isolation. Be sure to reach out to them, when you can, in whatever means are safe under the circumstances.

While our office in Richmond remains open at this point, many of our staff are working remotely. If you are working with someone at dLCV, please communicate with them via telephone or email before coming to the office.

If you would like to request our services, you can use our [online request portal](http://www.dlc.org/get-help) at www.dlc.org/get-help. That portal is available 24 hours a day, seven days a week. You can also call us Monday, Wednesday and Friday, from 8:30 AM - 4:00 PM, and ask to speak with our advocate on duty. You can reach us at (800) 552-3962 (toll-free).

We may not be able to respond as quickly as we normally do, but it is our intent to respond to all who contact us. We remain committed to advancing independence, choice and self-determination; to protecting legal, human and civil rights; and to eliminating abuse, neglect and discrimination of people with disabilities, even under these extraordinary circumstances.

On a more personal note, I admit that my own anxiety has spiked due to this crisis. The constant changes in the news about [COVID-19](https://www.cdc.gov/covid19/) may cause you to feel more stressed or worried than usual. As a result, I want to encourage you to be good to yourself as much as you can in these uncertain times. Please try to do something that makes you happy.

We will all get through this together.

Colleen Miller
Executive Director
disAbility Law Center of Virginia (dLCV)

P.S. If you are self-isolating and ever need a worthwhile distraction, check out the dLCV podcast "[Rights Here, Rights Now!](#)"