



## Medicaid's Home and Community Based Waiver Programs

Virginia's Medicaid program provides long-term support for Medicaid-eligible<sup>1</sup> people with long-term care needs. Special Medicaid Waiver programs are available in Virginia that provide services for people who are age 65 or older, blind, and have a disability (including intellectual or developmental disabilities). This fact sheet covers the most common home and community based Waivers in Virginia – the Commonwealth Coordinated Care Plus (CCC Plus) Waiver, and the three Developmental Disabilities Waivers.

### Commonwealth Coordinated Care Plus (CCC+) Waiver<sup>2</sup>

The Commonwealth Coordinated Care Plus Waiver (CCC+ Waiver) is for people who have a disability or are over age 65 and have significant medical needs. The CCC+ Waiver is meant to help people live in their own homes, instead of a nursing home or a similar institutional setting. CCC+ covers things like:

- Adult day health care
- Assistive technology
- Environmental modifications
- Personal care
- Respite care
- Private duty nursing services
- Help moving into the community from a nursing facility
- Skilled and intermediate (custodial) nursing facility or long stay hospital
- Personal emergency response system (with or without medication monitoring)
- Added benefits like phone services and wellness programs

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<sup>1</sup> Please see our fact sheet on Medicaid eligibility for information about how Medicaid's eligibility process works.

<sup>2</sup> Formerly known as the Elderly or Disabled with Consumer Direction (EDCD) Waiver

## THE THREE DEVELOPMENTAL DISABILITIES WAIVERS

The Developmental Disabilities Waivers serve people whose disability began before their 22<sup>nd</sup> birthday, is likely to continue, and which functionally limits their abilities in at least three of the following areas:

- Self-care
- Learning
- Self-direction
- Economic self-sufficiency
- Communication
- Mobility
- Capacity for independent living

There are three Developmental Disability Waivers:

- **Community Living Waiver**<sup>3</sup> - for adults and some children with complex medical, behavioral, or support needs who require around-the-clock nursing care or active services.
- **Family and Individual Supports Waiver**<sup>4</sup> - for children and adults living with their families or in their own homes. This Waiver covers supports for some, but not all, hours of the day, and can include overnight monitoring.
- **Building Independence Waiver**<sup>5</sup> - for adults who can live and work with a fair amount of independence, but need periodic supports. People using this Waiver are assessed every three years with a test called the Supports Intensity Scale (SIS) to measure the intensity of their needs.

## WHAT SERVICES DO EACH OF THE DD WAIVERS PROVIDE?

The ARC of Northern Virginia created a chart comparing the different services available through each of the Developmental Disabilities Waivers, available online at

<https://thearcofnova.org/programs/waivers/all-about-waivers/>

## WHAT IS A WAIVER WAITING LIST?

Some Waivers have waiting lists. This means that some Waiver programs have more people who qualify for services under the Waiver than the Waiver is able to help. The

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<sup>3</sup> Formerly known as the Intellectual Disabilities (ID) Waiver

<sup>4</sup> Formerly known as the Developmental Disabilities (DD) Waiver

<sup>5</sup> Formerly known as the Day Support Waiver

Developmental Disabilities (DD) Waivers have a combined waiting list based upon urgency of need.

If you qualify for a Waiver and are put on a waiting list, you will eventually receive services, but the wait could take many years. You can also be eligible for more than one Waiver at a time. This means you can be on the waiting list for one Waiver while getting services under another.

For example, the CCC+ Waiver has no waiting list, but offers fewer services. Many people on a DD Waiver waiting list also qualify for the CCC+ Waiver, and will use CCC+ services while they wait to receive more supports through the DD Waiver. People on the waiting list for one of the DD Waivers can also apply for up to \$1,000 each year through the Individual and Family Supports Program (IFSP) to buy supports needed to make sure they can live independently.

**dLCV publications are available in alternate format, upon request.**